

Progress Monitoring Questions to Ask Patients about their IT Dose

1) Was there improvement after your immunotherapy dose? ____yes ____no

If yes, what symptoms improved and for how long?

2) What was the degree or percentage of relief and for how long? ____%____duration

3) What symptoms didn't improve?

4) Was there an indication that the "shot wore off" and that you needed another one? ____yes ____no

If yes, what symptoms returned?

5) Did you have a reaction after your allergy shot dose? ____yes ____no

If yes, was the reaction a local reaction (at the injection site) or systemic (whole body)?

____local ____systemic Describe the reaction:

6) Did you have an increase in symptoms? ____yes ____no

If yes, what symptoms were increased and for how long of a time?

7) Did you need to take medications during the week? ____yes ____no

If yes, what medications and when? _____
